

# UN-TIED! THE KNOT



# EXILAX

SYRUP

RAPID RELIEF FROM CONSTIPATION

## PROPERTIES:

- Natural laxative for occasional constipation
- Made from FDA Approved Senna leaves + prune juice extract
- Works in just 8 to 12 hours

## DESCRIPTION:

EXILAX Syrup is designed to provide gentle, effective relief from the symptoms of constipation. A prune flavoured senna based syrup providing effective relief from occasional constipation. It works by making the muscles in the bowel contract more often, which helps to move the contents of the rectum, which relieves constipation.

Exilax provides special relief in constipation associated with

- Pregnancy
- Childhood
- Geriatrics

## INDICATIONS:

- Constipation.
- Poor digestion
- Irritable bowel syndrome
- Obesity due to constipation

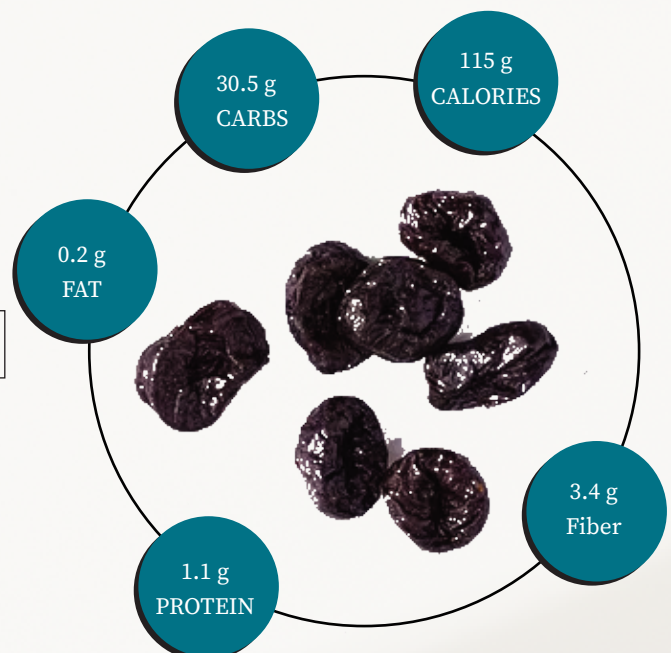
# Prunes

Cholesterol free

Good source of fiber

Sodium free

Prunes are rich in nutrients and may offer benefits to those with constipation, high blood sugar and high cholesterol.



## PRUNE JUICE EXTRACT:

### SUPPORTIVE COMPOUNDS:

- Sorbitol

### MEDICINAL ACTIONS:

Sorbitol is a sugar alcohol (polyol) that helps breaking down nutrients and is minimally absorbed by the small intestine. When sorbitol reaches the colon, it works with prunes' dietary fiber, softening stools and promoting bowel regularity. Additionally, high levels of Vitamin K and minerals support bone health.

### BENEFITS OF PRUNE JUICE EXTRACT:

- The most well-known benefit of prunes is their laxative effect.
- Prune juice can mobilize the digestive system and decrease the time between bowel movements.

## SENNA LEAF EXTRACT:

### SUPPORTIVE COMPOUND:

- Sennosides

### MEDICINAL ACTIONS:

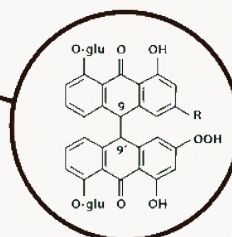
Sennosides are used to treat constipation. They may also be used to clean out the intestines before a bowel examination/surgery. Sennosides are known as stimulant laxatives. They work by keeping water in the intestines, which causes movement of the intestines.

### BENEFITS OF SENNA LEAF EXTRACT:

- An FDA approved non-prescription laxative
- Relieves constipation
- Stimulates the bowel movement
- Produces a bowel movement in six to 12 hours

## SENNOSIDES

plant compound called sennoside irritate bowel lining to create laxative effects



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## BENEFITS:

- Helps relieve constipation and promote regularity.
- Relieves constipation with the help of the triple action formula of prunes.
- High in fibre for healthy digestion present in prunes..
- Rich in essential nutrients present in prunes. .
- Regulates the bowel movement within 6 to 12 hours
- Facilitates weight loss by promoting healthy digestion

## COMPOSITION:

Each 5 ml Contains:

- Prune Juice Extract.....62.5 mg
- Senna Leaf Extract: .....06.00 mg

Exilax is a natural & pure laxative

Exilax relieves constipation in a gentle way

No additional fiber therapy is required

Exilax is rich in soluble fibres for healthy digestion

Exilax provides sustained energy due to nutrient rich prune juice

## DOSAGE:

- **For children (under 5 years):**  
1 teaspoon twice daily or as directed by the physician.
- **For children (under 5-10 years):**  
2 teaspoon twice daily or as directed by the physician.
- **For Adults:**  
1-2 tablespoon twice daily or as directed by the physician.

## PRESENTATION:

- Available in 120 ml Amber Pet Bottle Syrup Pack.



### REFERENCES:

- 1 <https://www.herbazest.com%2Fmgs%2F0%2F8%2F5%2F6863%2Fprune-nutrition-facts>
- 2 <https://medlineplus.gov/druginfo/natural/652.html#:~:text=Senna%20is%20an%20FDA%2Dapproved,diagnostic%20tests%20such%20as%20colonoscopy>
- 3 <https://www.allegromedical.com/dietary-supplements-c522/fiber-stat-fiber-supplement-triple-action-formula-prune-p567103.html>
- 4 <https://www.medicalnewstoday.com/articles/315340>
- 5 <https://www.verywellfit.com/prunes-nutrition-facts-calories-and-their-health-benefits-4114558>