



INDICATIONS:



ROLE OF INGREDIENTS:

Passion flower:

- Exhibits anti-pain, anti-spasm, tranquilizing and sleep-inducing properties
- Helps reduce stress and helps to cure insomnia, anxiety, and depression.

Choline bitartrate:

- o Improves brain function and memory by increasing the production of acetylcholine.
- Controls mood swings, improves memory and symptoms of Alzheimer's disease.

Valerian root extract:

- Helps regulate nerve cells and provides a calming effect on anxiety.
- o Inhibits unwanted nervous system activity & improves sleep cycle.

Rosemary extract:

- Enhances the quality of memory and increases mental alertness.
- Reduces the symptoms of Alzheimer's disease and dementia.

Turmeric root extract:

- Boosts levels of the brain hormone BDNF which increases the growth of new neurons.
- Helps fight various degenerative processes in your brain.





Ideal for patients with cognitive impairment Natural relief from anxiety and insomnia

Free from artificial flavors, gluten and preservatives Provides a soothing and calming effect on brain



Each Tablet contains:

0	Niacin	2.5 mg
	Vitamin B12	6 mcg
0	Calcium carbonate	7.5 mg
0	Magnesium sulphate	100 mg
0	Passion flower extract	200 mg
0	Turmeric root extract	37.5 mg
0	Choline bitartrate	25 mg
0	Valerian root extract	20 mg
0	Rosemary extract	5 mg

DOSAGE:

For anxiety & depression:

o 2 tablets twice daily with meal or as directed by the physician.

For insomnia:

o 1-2 tablets daily before bed or as directed by the physician.

PRESENTATION:

O Available in 3 x 10's Alu-ALu Blister Pack.

